

My Role:

Alongside all our school staff I am committed to the safety and wellbeing of all children, young people and their families.

I joined Rectory Farm Primary school in 2004 and have experience in lunch time supervising, office roles and have since been in post as Family Support Worker since 2017, a job which I love.

Helping children feel safe is my priority and there are lots of ways I can support you to ensure this happens for your child/ren.

I'm here to listen to your worries, to offer advice, and signpost you to the correct service that can give you support in meeting your families needs.

If you have concerns about your child, a friend or relative, would just like to talk or have a shoulder to cry on please feel free to drop in to the office and check if I'm free. Alternatively you can book some time with me through the office.

If you concerns over the safety of a child, I may be able to help too. You can also contact MASH. Please see details on the back of this leaflet.

We all have the right to feel safe all the time, and there is nothing so awful or small that we can't talk about it with someone.

A problem shared is a problem halved, it's always good to talk!

Some useful sites:

Childline: 0800 1111

Domestic Abuse: 03000 120 154

<https://ndas.co/contact-us/>

Hate Crime: 101 or in emergency 999 or online at report-it.org.uk

Crimestoppers: 0800 555 111

For anyone with Safeguarding concerns contact: MASH: 0300 126 1000

<http://www.northamptonshirescb.org.uk/parents-carers/parents-mash-guide/>

Online Safety: visit CEOP or NSPCC

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>

Attendance: Contact EIPT 0300 126 7000



Sam Llewellyn

Family Support Worker



**Designated Safeguarding Deputy
and**

Mental Health First Aider

01604 411820

07590426723

s.llewellyn@rfps.org.uk



Examples of support that the Family Support Worker may seek support for children who are supported through an Early Help Plan are:

- ♦ Pets as Therapy Dogs PAT
- ♦ Protective Behaviours
- ♦ Self Esteem support
- ♦ Puberty sessions
- ♦ Relationship/ Friendship support
- ♦ Anxiety support
- ♦ Play Therapy
- ♦ Drawing and Talking
- ♦ Anger Management
- ♦ Internet Safety
- ♦ Bereavement
- ♦ Wellbeing drop in
- ♦ Support with homework
- ♦ Attendance/ Punctuality
- ♦ Self harm/ suicidal thoughts

What is an EHA?

Firstly, an EHA, (Early Help Assessment) has nothing to do with social services. It is simply a meeting between the family support worker and parents to discuss our concerns /worries, and offer support that parents would like in order for life to feel better for the family.

We can talk through problems and agree a plan to try to improve things for parents and their family.

With the right support, and working together, we aim to ensure small problems don't turn into bigger ones.

If you are interested in knowing if an EHA plan may be helpful to you, please contact me for an appointment.

Some of the services I can signpost to can support you with:

- ♦ Attendance,
 - ♦ Adult learning
 - ♦ Bereavement
 - ♦ Bullying/ Hate Crime
 - ♦ Bedwetting,
 - ♦ Children's behaviour
 - ♦ Domestic Abuse
 - ♦ DWP—Supporting back to work.
 - ♦ Financial advice
 - ♦ Free School Meals
 - ♦ Family separation
 - ♦ Foodbank
 - ♦ Form filling,
 - ♦ Gangs/ Knife Crime
 - ♦ Housing,
 - ♦ Health Visitors/ School Nurse
 - ♦ Mental Health of parents/ children
 - ♦ Online Safety
 - ♦ Sleep issues
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